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Friday, August 09, 2019

(Room 2)

16:30 - 18:30 WS #53: Lung Health Forum (120mins, not repeated)

HOW A NURSE SPECIALIST CAN ASSIST YOUR TEAM

Lynley Gulasekharam, RN. PGDip
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MidCentral Health
Palmerston North



Introduction



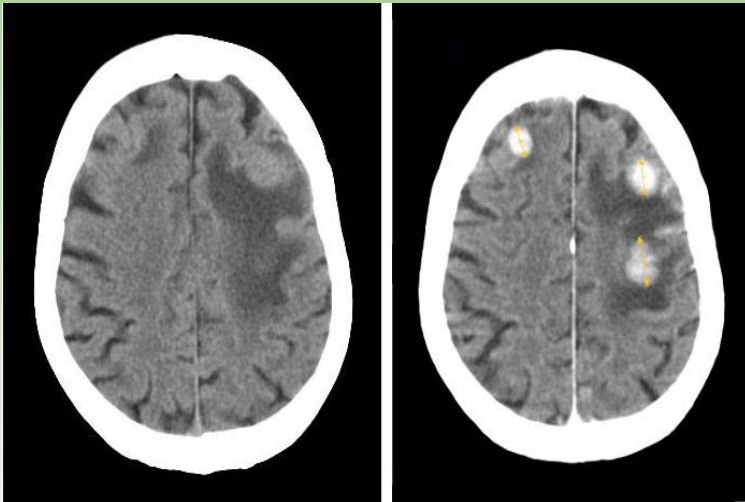
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Patient journey

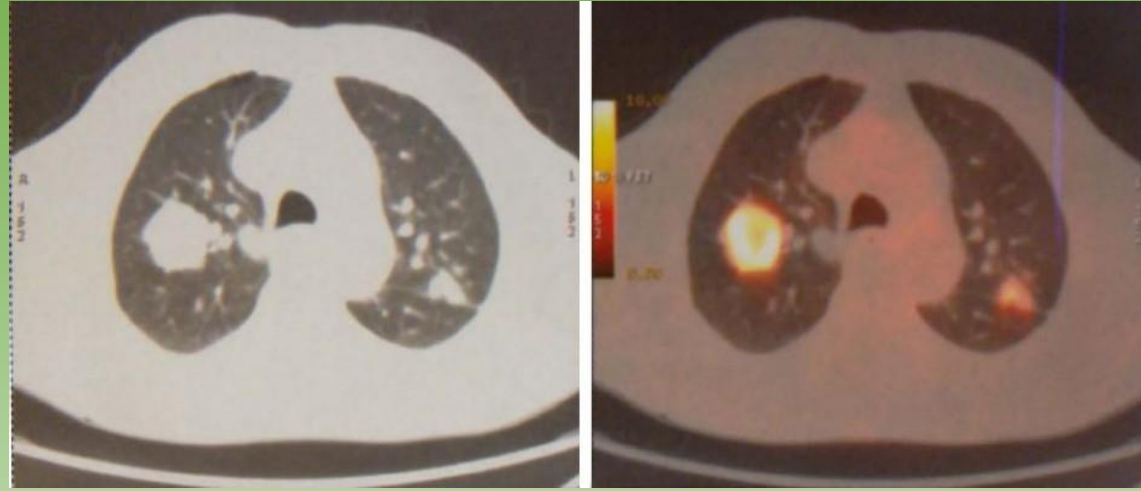


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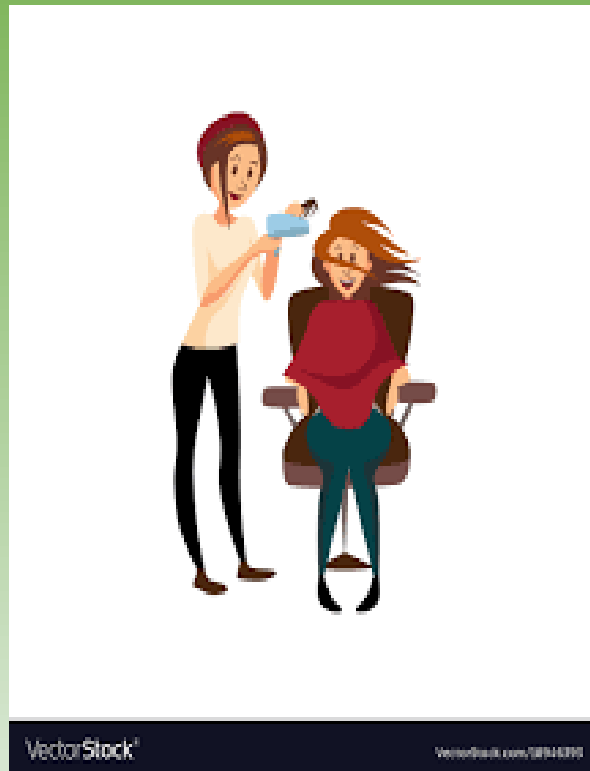
Mr A



Mrs B



Mrs C



Mrs D



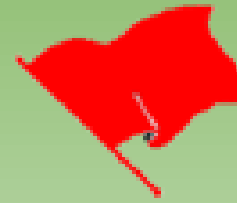
Referral



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Referral Information

- Lung Symptoms – cough, sputum, chest or bone pain
- Other Symptoms – blurred vision, musculoskeletal pain, unintentional weight loss
- History of other cancer
- Smoking history
- Medications
- Psychosocial/whanau support (or lack of)



- What you have told them so far



- Please don't tell them to get their affairs in order



DHB Territory

- FSA & relationship building
- Diagnostic tests
- “Running scared”



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Speed bumps



Diagnosis & what's next

- MDT
- Nurse led Breaking Serious News clinics
- Referrals for treatment
- Advanced care planning
- Handing back to you

Community partnership



Take home message

- HSC Lung – any change in cough, sputum, voice, pain, breathing and unintentional weight loss

= RED FLAG



- Referral detail
- Hospital journey & speed bumps
- Beyond hospital “hands of care”

Lung cancer has changed my
life, made me cry, caused me to
fall.

Hugged me tight, given me
pain, taught me to fight.

Yet through it all, I know who I
am.

I am not my lung cancer –
I am my beautiful, wonderful
me.

References

- **MOH Lung cancer standards**
- **MDM guidelines**
- **Breaking serious news guidelines MCH**